

10. List the foods you have eaten over the last five days.

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a. Identify what trophic level each food came from.

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b. Estimate what percent of the mass of the food in your diet comes from the first and second trophic levels.

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c. What percent of your diet comes from higher trophic levels?

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11. Large predatory fish, which may be part of your diet at times, usually exist at the third or fourth trophic level. Explain why it may not be a good idea to eat these fish often, if at all.

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